



Shivaji University, Kolhapur  
Syllabus  
Choice Based Credit System  
June, 2016 onwards  
SEMESTER-I

- (i) **Paper** : **I**  
(ii) **Title of Paper** : **Foundations of Psychology**

- (iii) **Specific Objectives:**
- 1) To makes the students familiar with the foundations of Psychology.
  - 2) To acquaint the students with Cognitive Process, States of Consciousness and Learning.
  - 3) To acquaint the students with Memory Processes.

(iv) <b>Module</b>	<b>No. of Credits</b>
1: Introduction	1
2: Cognitive Process, States of Consciousness	1
3: Learning	1
4: Memory	1

(v) **Recommended Reading:**

**a) Basic Reading:**

1. Feldman. R.S. (1999). "Essentials of Understanding Psychology", Tenth Edition, New Delhi: Tata McGraw Hill.

**b) References:**

1. Ciccarelli, S. K. & Meyer, G.E. (2008). Psychology (South Asian Edition). New Delhi: Pearson



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SEMESTER-I

(i) **Paper** : I  
 (ii) **Title of Paper** : **Foundations of Psychology**  
 Class: B. A. I  
 Discipline: Psychology

	Topic	Teaching Hours	Credits
Module I:	<b>1 Introduction</b> <b>1.1) What is Psychology?</b> <b>1.2) Modern Perspectives of Psychology</b> a) Psychodynamic Perspective b) Behavioral Perspective c) Cognitive Perspective d) Socio-cultural Perspective <b>1.3) a) Psychology in Modern India</b> b) Types of Psychological Professionals <b>1.4) Psychology the Science</b> a) Why Psychologists Use the Scientific Method? b) Descriptive Method c) Finding Relationships	15	1
Module II:	<b>2 Cognitive Process and States of Consciousness</b> <b>2.1) The Gestalt Laws of Organization</b> a) Top-Down and Bottom-Up Processing b) Depth Perception c) Perceptual Illusions <b>2.2) Sleep and Dreams</b> a) The Stages of Sleep b) REM Sleep c) Why Do We Sleep, and How Much Sleep Is Necessary? d) The Function and Meaning of Dreaming <b>2.3) Hypnosis and Meditation</b> a) Hypnosis b) Meditation	15	1

Templates for CBCS

Module III:	<b>3 Learning</b> <b>3.1) Classical Conditioning</b> a) The Basics of Classical Conditioning b) Applying Conditioning Principles to Human Behavior c) Extinction d) Generalization and Discrimination e) Beyond Traditional Classical Conditioning <b>3.2) Operant Conditioning</b> a) Thorndike's Law of Effect b) The Basics of Operant Conditioning <b>3.3) Cognitive Approaches to Learning</b> a) Latent Learning b) Observational Learning	15	1
Module IV:	<b>4 Memory</b> <b>4.1 The Foundations of Memory</b> a) Sensory Memory b) Short-Term Memory c) Working Memory <b>4.2 Long-Term Memory</b> a) Long-Term Memory Modules b) Semantic Networks c) The Neuroscience of Memory <b>4.3 Constructive Processes in Memory</b> a) Memory in the Courtroom b) Autobiographical Memory	15	1

**Pattern of Question Paper Semester I**

**Total Marks: 50**

			Marks
Q. 1.	A	Five multiple choice objective type questions	05
	B	Answer in one Word/ Sentence Questions	05
Q. 2.	A	Answer the following questions in four to five sentences each (3 out of 5)	09
	B	Write short notes on the following in about 50 to 60 words (2 out of 3)	06
Q. 3.	A	Descriptive Question	06
	B.	Descriptive Question	06
Q. 4.	A	Descriptive Question	07
	B.	Descriptive Question	06



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SEMESTER-II

- (i) **Paper** : **II**  
(ii) **Title of Paper** : **General Psychology**  
(iii) **Specific Objectives:** 1) To make the students familiar with the field of general Psychology.  
2) To acquaint the students with intelligence, motivation and emotions.  
3) To acquaint the students with Personality.

(iv) <b>Module</b>	<b>No. of Credits</b>
1: Intelligence	1
2: Motivation	1
3: Emotions	1
4: Personality	1

- (v) **Recommended Reading:**  
**a) Basic Reading:**  
1. Feldman, R.S. (1999). "Essentials of Understanding Psychology", Tenth Edition, New Delhi: Tata McGraw Hill.

- b) References:**  
1. Ciccarelli, S. K. & Meyer, G.E. (2008). Psychology (South Asian Edition). New Delhi: Pearson



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 SEMESTER-II

**i) Paper : II**  
**(ii) Title of Paper : General Psychology**  
 Class: B. A. I  
 Discipline: Psychology

	Topic	Teaching Hours	Credits
Module I:	<b>1 Intelligence</b> <b>1.1) What is Intelligence?</b> <b>1.2) Theories of Intelligence.</b> a) Fluid and Crystallized Intelligence b) Gardner’s Multiple Intelligence c) Is Information Processing Intelligence? d) Sernberg’s Triarchic Theory <b>1.3) Practical and Emotional Intelligence</b> <b>1.4) Assessing Intelligence</b> a) Binet and the Development of IQ Tests b) Contemporary IQ tests	15	1
Module II:	<b>2 Motivation</b> <b>2.1) Exploring Motivation</b> a) Instinct Approaches b) Drive-Reduction Approaches c) Arousal Approaches d) Incentive Approaches e) Cognitive Approaches <b>2.2) Human Needs and Motivation</b> a) The Need for Achievement b) The Need for Affiliation c) The Need for Power	15	1
Module III:	<b>3 Emotions</b> <b>3.1 Understanding Emotional Experiences</b> a) The Functions of Emotions b) Determining the Range of Emotions <b>3.2 The Roots of Emotions</b> a) The James-Lange Theory b) The Cannon-Bard Theory	15	1

Templates for CBCS

	<ul style="list-style-type: none"> <li>c) The Schachter-Singer Theory</li> <li>d) Contemporary Perspectives on the Neuroscience of Emotions</li> <li>e) Making Sense of the Multiple Perspectives on Emotion</li> </ul>		
Module IV:	<p><b>4 Personality</b></p> <p><b>4.1 Definition of Personality</b></p> <p><b>4.2 Psychodynamic Approaches to Personality</b></p> <ul style="list-style-type: none"> <li>a) Freud's Psychoanalytic Theory</li> <li>b) The Neo-Freudian Psychoanalysts</li> </ul> <p><b>4.3 Approaches of Personality</b></p> <ul style="list-style-type: none"> <li>a) Trait Approaches</li> <li>b) Learning Approaches</li> </ul> <p><b>4.4 Assessing Personality</b></p> <ul style="list-style-type: none"> <li>a) Self-Report Measures of Personality</li> <li>b) Projective Methods</li> <li>c) Behavioral Assessment</li> </ul>	15	1

**Pattern of Question Paper for Semester II**

**Total Marks: 50**

			Marks
Q. 1.	A	Five multiple choice objective type questions	05
	B	Answer in one Word/ Sentence Questions	05
Q. 2.	A	Answer the following questions in four to five sentences each (3 out of 5)	09
	B	Write short notes on the following in about 50 to 60 words (2 out of 3)	06
Q. 3.	A	Descriptive Question	06
	B.	Descriptive Question	06
Q. 4.	A	Descriptive Question	07
	B.	Descriptive Question	06

**Structure of B.A. Psychology Papers**

<b>Class</b>	<b>Semester</b>	<b>Paper</b>	<b>Title of the paper</b>
B.A. I	I	I	Foundations of Psychology
	II	II	General Psychology
B.A. II	III	III	Child Psychology
		IV	Social Psychology
	IV	V	Developmental Psychology
		VI	Applied Psychology
B.A. III	V	VII	Cognitive Psychology
		VIII	Applied Health Psychology
		IX	Educational Psychology
		X	Psychological Disorders
		XI	Practicals: Experiments
	VI	XII	Psychological Testing
		XIII	Counselling Psychology
		XIV	Personal Psychology
		XV	Psychology of Organizational Behaviour
		XVI	Practicals: Psychological Tests